

TRIENNIAL WELLNESS REPORT

EAGLERIDGE HIGH SCHOOL

JUNE 30, 2022

We used the WellSAT:3.0 Wellness School Assessment Tool along with the WellSAT-I Wellness School Assessment Tool – Interview to match WellSAT 3.0.

Our scores on the Assessment School Tool were a Comprehensive Score of 90 and a Strength Score of 64. When the Assessment Tool was tested in 2018 in a sample of 50 school districts around the country, the average Comprehensive Score was 54 and the average Strength Score was 33. We are well above those averages but believe that we can still improve our Strength Score with some adjustments to our written policy and procedures that are then implemented throughout our school.

On the interview supporting assessment, we had a Comprehensive Score of 90 and a Strength Score of 70. The area we need improvement on was setting up committees.

We are pleased that our efforts to follow the policies and procedures based on the Oregon and Federal Wellness related standards have been this successful. We plan to continue our efforts in this area and to make improvements as needed.